



# UPGRADE YOUR MENTAL, EMOTIONAL AND SPIRITUAL QUOTIENT TO ENHANCE QUALITY OF YOUR LIFE

(Starting From January 15, 2024)

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## **About HSNC University, Mumbai**

The HSNC University has been approved by RUSA and the Govt. of Maharashtra and is a State Cluster University with the Hon. Governor of Maharashtra as its Chancellor and eminent industrialist, Dr. Niranjan Hiranandani as its first Provost. The HSNC University comprises of renowned South Mumbai colleges like H.R College of Commerce & Economics as its Lead college, K.C College of Arts, Science & Commerce and Bombay Teachers' Training College as its constituent colleges.

HSNC University is set to build partnerships with the industry and have a new curriculum aligned with industry 4.0. The aim will be to not only learn from the requirements of the market and have industry collaborators willing to orient students towards the same, but also to ensure internships and the best placements for its graduating students.

This multi-faceted University aims to set new paradigms of education. It wishes to harness the energy and enthusiasm of the young, dynamic population of India and guide it towards the path of learning, knowledge, research, innovation, service to society, and entrepreneurship. This newly launched State Cluster University is set to make its indelible mark in the higher education industry in Mumbai and the country by initiating several landmarks, and relevant and contemporary programs of study. This University recognizes the immense potential of real estate and the lack of specialized educational curriculum and learning for students aspiring for a future in the multi-billion-dollar fast-growing industry.

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## About Course Instructor- Leena R. Prabhoo:



Psychologist, Prajñā Strategist, Spiritual & Mental Health Coach, International Speaker, Amazon #1 Best Selling Author, Recipient of Top 100 Health Care Leaders Award, Dubai, Certified Past Life Regression Therapist, Certified Animal Telepathic Communicator, Psychic Energy Healer, Trans generational Healer. Ms. Prabhoo has researched, developed and coached “My Inner Direction” course, utilizing International Award winning Methodology, MES-Q, to Corporates, Groups and Individuals, Nationally and Internationally, over a period of 30 years.

## Modules:

### **1) Learn about the Operating Systems of “Your Life”:**

There is a definite Operating System of “Life” (OSL) developed by the Supreme Source Code Developer (SSCD). Understanding this OPL will give a better understanding of the Why, How, When and Where you are in your Own Life Now.

### **2) Discover your Life’s Purpose:**

Your Life’s Purpose (YLP) changes from time to time, as you hit one milestone after another. Learn the art of discovering YLP at each milestone to enable you to do course correction at every stage in your Life.

### **3) Learn to Realign with your Soul:**

Your Soul has its own purpose and agenda, which is currently hidden from your consciousness. The further you go away from your Soul’s Purpose, the more Trauma you experience in your Life. Realign with your Soul’s Purpose and Agenda to create a Zen like state to overcome your Life’s Challenges.



**4) Learn to Create your own Destiny:**

Bust the Myth that you cannot change your Destiny. Learn the Art of Creating your Own Destiny.

**5) Identify your Unique Formula of Life (FOL):**

You are Born with your Own Unique Formula of Life. Put together your own FOL to smoothly ride the ups and downs of your Life.

**6) Learn how to Neutralize your Karmic Debts:**

Connect the Dots between current Destiny and past Karma to Neutralize your Bad Karma and Collect Loads of Good Karma.

**7) Understand Dynamics of your Life:**

Reality of your "Life" changes with every Dimension that you look at it from. Learn to view your Life from various Dimensions to get an overall perspective of your Life.

**8) Learn to Activate your Full Potential:**

Majority of us Humans are operating on just 10% of our Full Potential. Imagine what you can do if you activated and operated on just 1% more of your Potential.

**9) Learn to Become the Captain of your Ship of Life:**

To become Captain of your Own Ship of YOUR Life, you need to upscale your Skills first, you need to Earn Your Stripes. Once done, take the steering wheel of your Ship of Your Life and Navigate your Life Skillfully to Live Life Successfully.

**10) Quantify Upgradation of Your Quality of Life (QOL) in measurable terms:**

Did you really upgrade your QOL by embarking on "My Inner Direction" journey? How much did you upgrade? How much more do you need to upgrade? Which are the areas you need to work on? You will know at the end of this Certificate Course.



### **Course Details: -**

1. **Eligibility:** Age 16+
2. **Total Duration:** 2 weeks, 2 hours per day, 30 Modules
  
3. **Timings for Course:-** Monday to Friday
  - **Batch 1)**  
(HSNC Students)-12 to 2 PM
  - **Batch 2)**  
(General Participants )- 2.30 to 4.30 PM  
(For General participants, the course charges are Rs.3000/-)

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Registration Link:

[Click here](#)

Or Scan the QR Code



**Contact Us** : Ms. Rekha Mansukhani, +91 98928 08420

**Venue** : HSNC University, 47, Dr. R. G. Thadani Marg, Worli, Mumbai  
400018.

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